



advanced
clearing
energetics®
GUIDING HEALING
ENERGETICALLY



retreat



Version 1.1



ace~pure



Why?

Why we are sick & How you heal?



Discover

- Why we are sick?
- How you heal?
- The Light vs The Dark
- ACE to clear trauma
- Setting up your future

5 Healing Steps

- 1) Stress
- 2) Toxicity
- 3) Inflammation
- 4) Environment
- 5) Energy

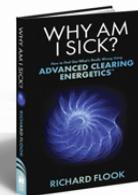
Missing in healing

1) Stress

- 2) Toxicity
- 3) Inflammation
- 4) Environment
- 5) Energy

Richard Flook

- Energetic healing 30 years
- 3 books



- Teaching around world Why?
- Mothers death
- Herniated disc



Light vs Dark



The Dark



Andrew Carnegie

JD Rockefeller
Senior

JD Rockefeller Junior

The Dark

No Spirit



The Dark

- Steal by Philanthropy
- Chemical cure
- Divide all
- Govern through technology Artificial Intelligence
- Make people slaves
- Control everything
- Remove Freedom
- Rewrite history and education



The Dark

- Destroy all energy healing
- Examples
 - Magnetic or frequency healing
 - Homeopathy
 - Osteopathy
 - Acupuncture
 - Vitamins, minerals
 - Nutrition

The Dark

- Pharmaceutical drugs
- Keep people sick
- Control and poison food
- Toxins everywhere, air, water
- Communication
- Vaccines to stop intelligence

The Dark

- Problem, Reaction, Solution
- DNA Model of humans
- Cure through DNA manipulation
- Immunity by vaccination

The Dark

Why?

Control

No GOD only technology

People are slaves to elite

Eugenics



- Leave Microsoft
- Bill and Melinda Gates Philanthropy give away money to vaccinate the whole world
- But own shares in all mRNA Vaccine manufacturers
- Track and trace everyone

The Dark and Eugenics

Life Insurance

Killing people off

The Light

How you heal

The Light

Nothing is at centre
of everything

The Light

- Energetic cure
- Share wealth
- Bring all people together
- People govern themselves
- Work for self and others

The Light

- Freedom of speech
- Right to report truth
- Innovation and original thinking
- Unbiased education
- Genuine equality of opportunity

The Light

- Research in energetic healing
- Structured water at centre of healing
- Mitochondria create immunity

The Light

- When anything is born it gets light
- When we pass on, the light leaves
- This light is held in the Quantum Bio Computer
- This is inside every structured water crystal



Dr Eric Laarakker DVM

Healing comes from the Light

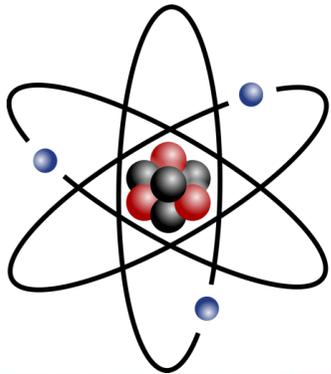


Walter Russell



- Architect
- Author
- Musician
- Scientist
- Physicist
- Sculptor
- Artist
- Sportsman
- Business Advisor

Bohr & Rutherford Atom



- Electrons spin around nucleus radially
- No God no energy
- Protons in centre with neutrons
- All impossible

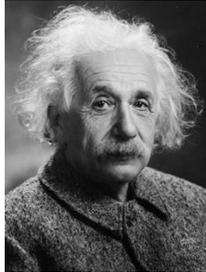
4 Forces of Nature?

- Gravity
- Weak force
- Strong force
- Electromagnetic
- Does not work

Newton & Einstein Half correct



- Apple fell meant gravity
- Apple rotting return to source



- Nice equations
- Not observed in Universe

One Light ~ One Force

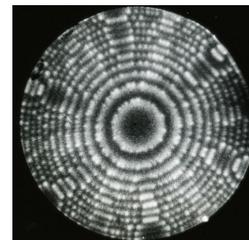
- All energy comes from Light (The Nothing)
- Light is the only force
- Only birth and death exist in all things
- Light in vortexes create compression and expansion
- Everything moves around a central gravity shaft

Real Atom

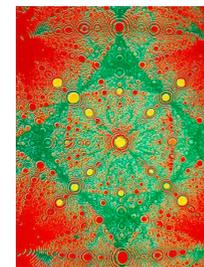


- 4 interference patterns
- Matter is Gyroscopic rings
- Nothing in the centre
- Observed in Universe

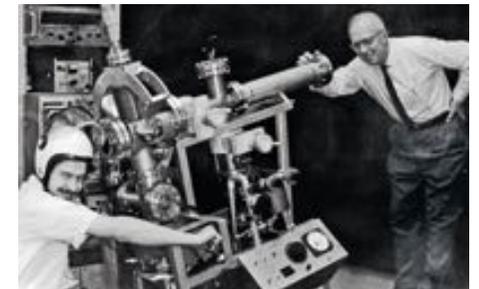
Field Ion Microscopy



Tungston



Platinum

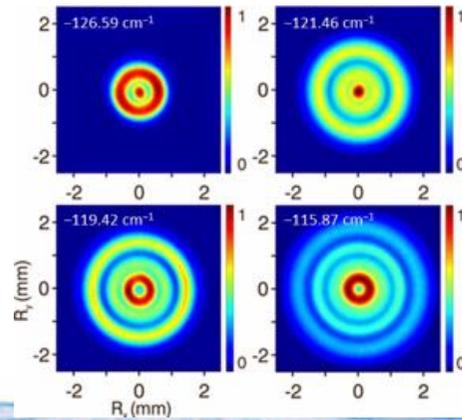


Professor Erwin Muller

In the centre of all atoms there is nothing

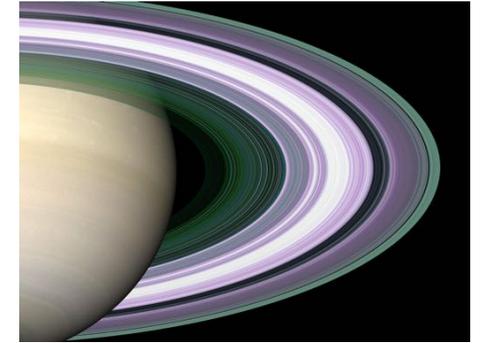
2014 Pictures

- Hydrogen atom magnification
- Sometimes Helium acts like Hydrogen

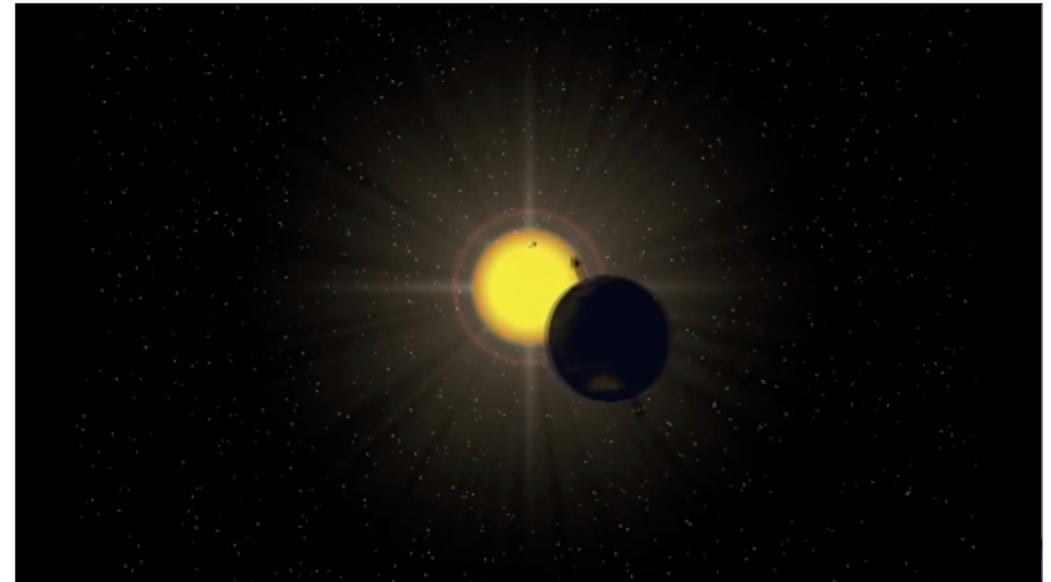
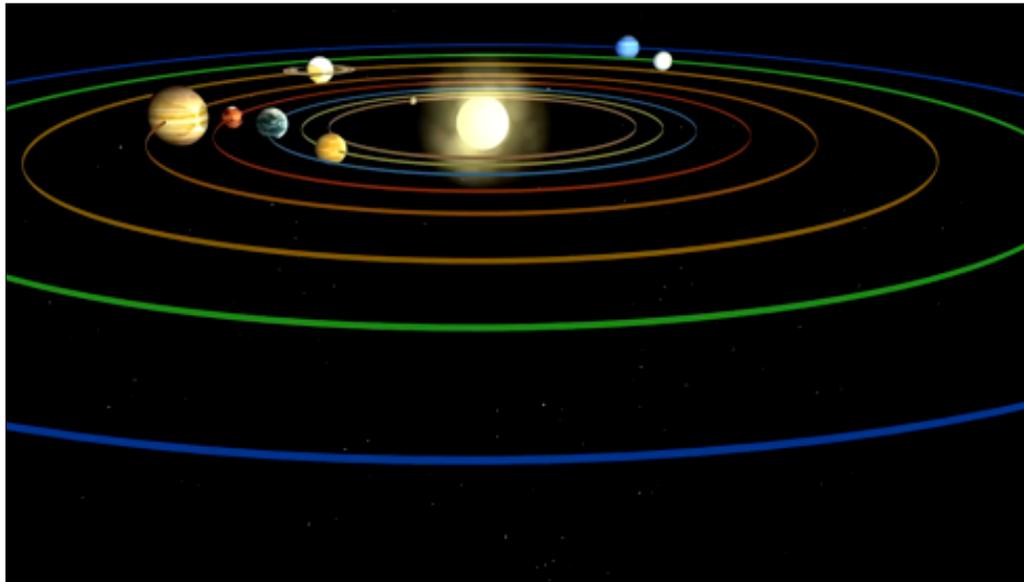


Nature is Bilateral (not radial)

- North Pole and South Pole and equator
- Planets go around the sun bilaterally
- Moon goes around earth bilaterally



Saturn's rings



Everything is the same

BIG
Stars
Planets
Humans
Animals

SMALL
Insects
Organs
Cells
Atoms

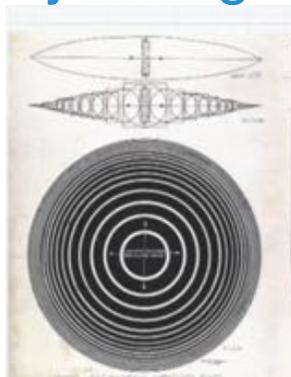
What manifests things

- Light compressing
- Puts things together
- Creates

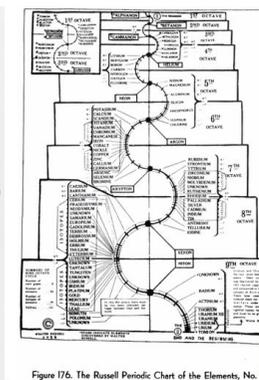
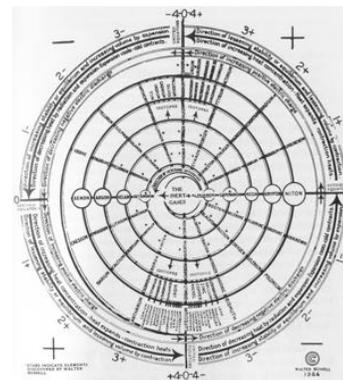


What destroys things

- Light expanding
- Pulls things apart
- Destroys



Nature is based on octaves



*Walter Russell's
Periodic table
used octave
waves to
represent the
table of elements*

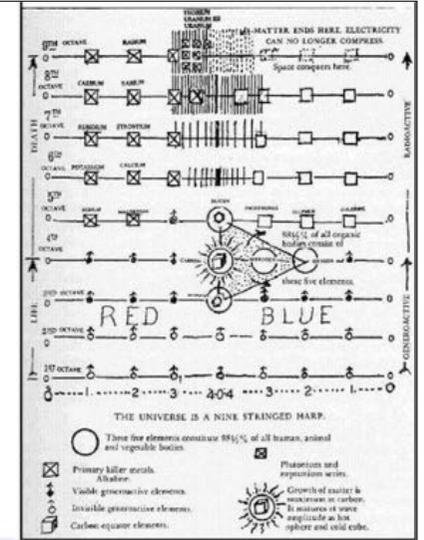
Figure 176. The Russell Periodic Chart of the Elements, No. 1

Nature is based on octaves

- Walter Russell discovered different Hydrogen molecules - Deuterium (heavy water)
- Discovered Plutonium
- Every atom born from inert gases
- Created Octave Periodic table
- Carbon Molecule is at the centre

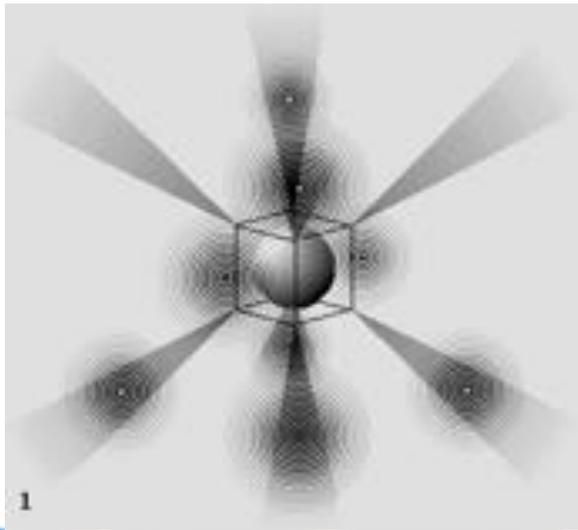
Carbon is in the middle

- Carbon is completely balanced
- Carbon makes humans
- Carbon is made of a perfect sphere and a perfect cube



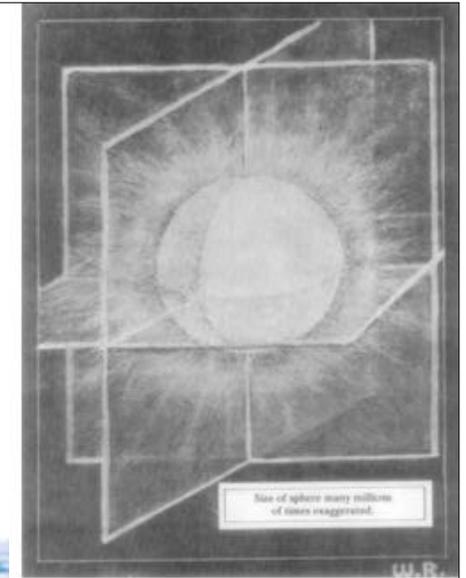
Carbon Atom

- This is light in perfect balance



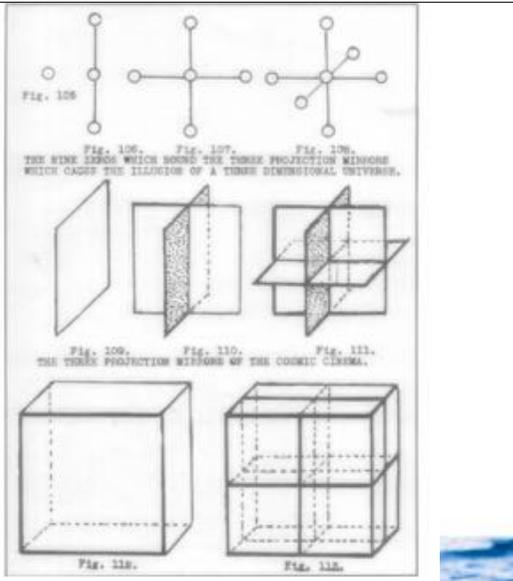
Carbon Atom

- Heart at the centre
- Surrounded by 8 boxes that form a cube
- Cube and sphere create all sacred geometry



Carbon cube

- 3 poles
- All sides have mirrors
- 8 boxes



Environmental shocks that shake your world

The missing piece to how disease is triggered in humans



UDIN Moment - missing piece

Unexpected
Dramatic
Isolating
No Strategy

A UDIN Moment is an Acronym

What triggers disease?
A story of a UDIN-Moment



Husband and Wife happily married 30 years



What triggers a disease is a UDIN-Moment



Unexpected
Dramatic
Isolating
No Strategy

30 years of
Marriage

Isolating



- She can't even speak to her best friend
- Or other friends - because they probably knew something was going on, but she doesn't want to embarrass them

No Strategy



Not going to happen!

- She's not going to say "That's OK you have a nice life, darling"
- "I'm logging onto a dating website right now - see you!"



UDIN moments activate nervous systems in your body

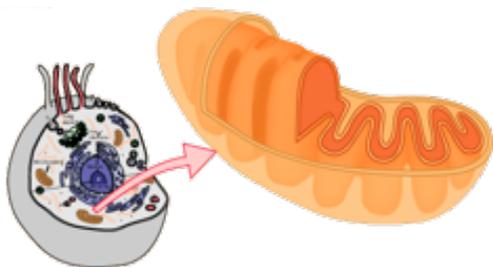
- As the UDIN moment occurs, your body goes into high alert
- It responds with fight, flight, freeze, flop, or fiend
- In humans these UDIN moments affect the nervous systems of the body

Where do the UDINs land? - there are 5 nervous systems in you!

-  Intrinsic cardiac nervous system - **Heart**
-  Central nervous system - **Brain**
-  Enteric nervous system - **Belly**
-  Interstitium system and cytoplasm - Structured **Water** (Quantum Bio Computer)
-  Bacteria in cell - **Mitochondria**

What powers these systems

- Intrinsic cardiac nervous system - **Heart**
- Central nervous system - **Brain**
- Enteric nervous system - **Belly**
- Interstitium system and cytoplasm - **Water**



Mitochondria



Mitochondria

- Derived from Bacteria, have own DNA
- Life in symbiosis with human cell
- Produce ATP Adenosine Triphosphate
- This makes heat that structures the water inside your cells
- 1000 mitochondria is each cell.



Mitochondria

- 1000 mitochondria is each cell.
- You have 10,000 in retina, brain and heart
- Nerves run on mitochondria
- 100,000 mitochondria in ovary cells (women only)
- No mitochondria in blood cells (they rely on glucose)
- Mitochondria communicate using light



Each one of these nervous systems
is connected to your environment
and therefore your UDINs

How do you use this to clear energy



How to do the ace~pure process?

- In order to clear the energy behind your pain, ailments or disease you need to find it
- We use the information from Meta-Medicine (Meta-Health) to give a suggestion as to what your underlying energy is related to. How is it resonating with your environment - this is what we are intending to establish. This information you can get from Richard. He will direct you on what you need to ask.
- You need to identify your wiring. Are you left or right wired. Richard will demonstrate how to do this.
- You go into the location of your pain, ailment or disease.

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Right Wired

<p>Right side</p> <p>Father</p> <p>Partner (male or female)</p> <p>Boss</p> <p>Business/work</p> <p>Siblings</p> <p>Anyone that is like a person's father (e.g. Sugar Daddy)</p> <p>Outer world (e.g. government)</p>	<p>Left side</p> <p>Mother</p> <p>Child/Baby</p> <p>Nest</p> <p>Anyone/Anything that is like a person's baby/mother</p> <p>e.g. a business that is a person's baby</p> <p>Inner world (e.g. Secrets)</p>
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As you look at your client

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Left Wired

<p>Right side</p> <p>Mother</p> <p>Child/Baby</p> <p>Nest</p> <p>Anyone/Anything that is like a person's baby/mother</p> <p>e.g. a business that is a person's baby</p> <p>Inner world (e.g. Secrets)</p>	<p>Left side</p> <p>Father</p> <p>Partner (male or female)</p> <p>Boss</p> <p>Business/work</p> <p>Siblings</p> <p>Anyone that is like a person's father (e.g. Sugar Daddy)</p> <p>Outer world (e.g. government)</p>
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As you look at your client

How to do the ace~pure process?

- You observe and write down information about any pictures that comes up, any sounds you hear, any personal movie clips that play in your mind. Any events, people speaking, shouting or being purposefully silent. We ask are there any feelings stored there, any thing that smells wrong or strange, any horrible tastes in your mouth. What are you saying to yourself. All of these things happen very quickly, write down as much information as you can.
- Then go individually into your heart, belly or brain. In any order that you wish, and ask what else is happening in these places, what movies, voices, feelings, energy, tastes and smells. NOTE: You can ask Richard for the exact brain location related to your pain, ailment or disease.

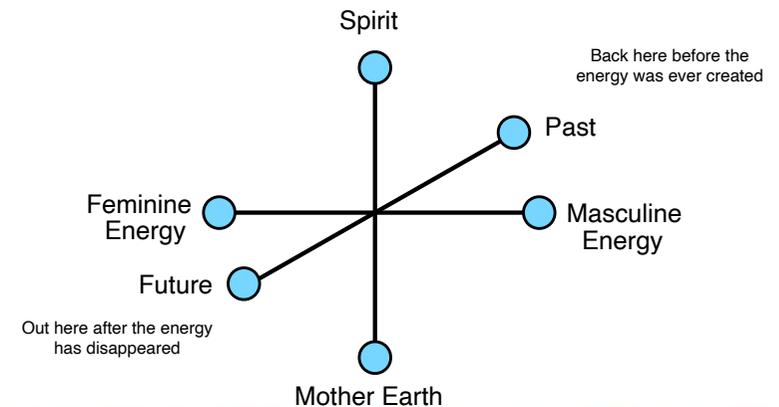
How to do the ace~pure process?

- Once you have all this information, read through everything you have written down.
- Then you need to scan your body to find place where the energy is really trapped that is causing your problem.
- Scan from the top of you head, to the end of your toes, from your left hand to your right hand, from the front of your body to the back of your body. Where is the energy not flowing, where is it stuck!
- Once you find that place, go into it and notice this energy. Sometimes you will get deeper thoughts images, beliefs or other words.

How to do the ace~pure process?

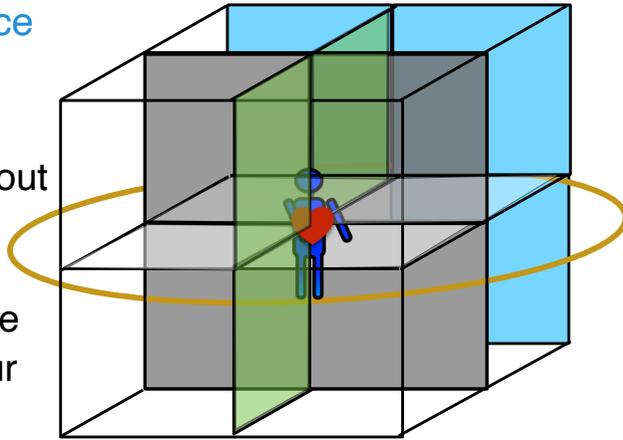
- Feel that energy and then ask
- Where does that energy not exist?
- Point to it
- Is it NOT in front or behind you?
- Upper left, Upper right?
- Lower left, lower right?
- Go to that place.

The Energy Poles of Life



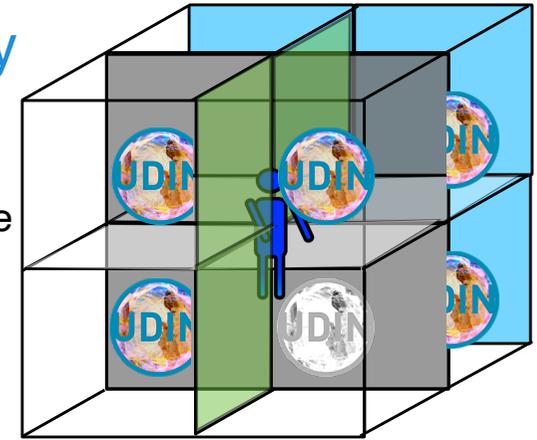
How you experience your world

- You live in boxes
- Your hearts send out a field around you
- That field is your sphere of influence
- That field is in your equator



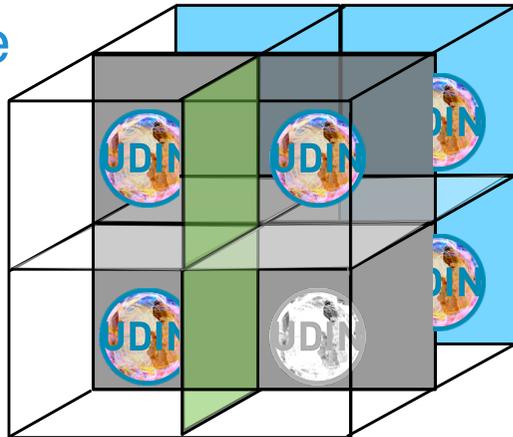
Clearing energy

- A negative emotion cannot exist in all the areas of your life
- There will be one area that your negative energy does not exist



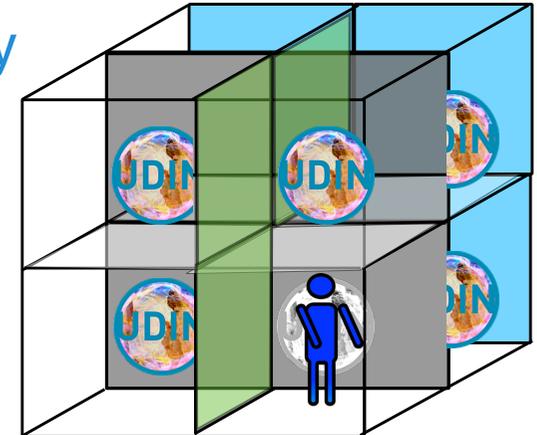
Life experience

- Only something true can be in all the cubes
- Illusions miss one or more of the cubes



Clearing energy

- Go to where the energy does NOT exist?
- Ask the two questions



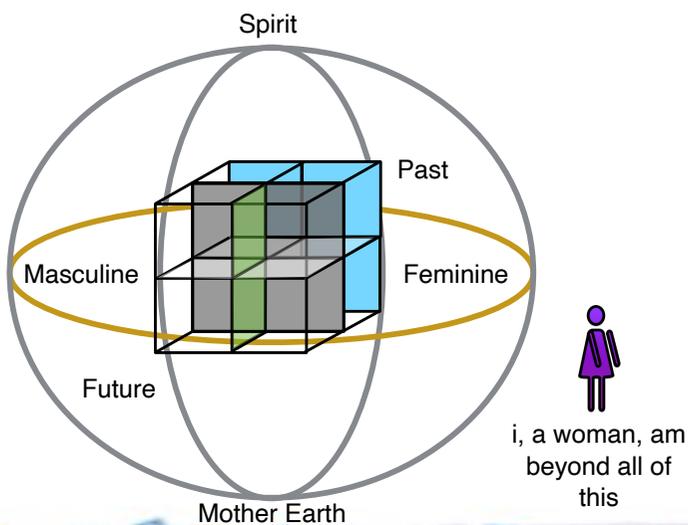
Two Questions - i, woman

- Where does the energy NOT exist?
- What do i, a woman, learn from this?
- How do i grow up from this and be a woman?

Two Questions - i, man

- Where does the energy NOT exist?
- What do i, a man, learn from this?
- How do i grow up from this and be a man?

Go to nowhere, no
time, nobody,
nothing
Everywhere,
everybody, every
time, everything



Going Beyond - woman

- i, a woman, am, beyond all of this
- i, a woman, am, beyond
- i, a woman, am
- i, a woman
- i
- Let go of the i

Going beyond - man

- i, a man, am, beyond all of this
- i, a man, am, beyond
- i, a man, am
- i, a man
- i
- Let go of the i



Being your true self

Creating what is true in your life



What starts a problem is a UDIN changes your environment

Unexpected
Dramatic
Isolating
No Strategy



What creates your future is YOU creating the environment you want to live in - NOW!

Normal
Expected
Conected
Strategy



How do we get the NECS moment

- Ask yourself what do you want now, of your heart, your belly, your brain, your mitochondria and Quantum Bio Computer light inside the structured water?
- Test your NECS moment - Do you truly want it? Does it fill you with Joy?
- Change your NECS moment so you get the last step
- Test, are you committed to your NECS moment. Is it true for you.
- Check do you want it? Check as if they are doing it, and then explore after you have the NECS moment, how do you feel?



Getting the last step

- So you know where you will end up you will need to focus on your end result - the last step
- It's the end result that you really want - not the journey itself - though that is important.
- Ask "What is the last thing that has to happen in order that you have what you want?"

Goal Question

- "What is the last thing that has to happen in order that you have what you want?"



Getting the last step

- Imagine you want to go on holiday
- Where would you want to go?
- You could go anywhere
- But you need to get the last step or you may arrive somewhere other than your desired destination





Getting the Last Step

London



Toronto



Disassociated and Associated

Disassociated



Associated



We want the last step goal to be **DISASSOCIATED**



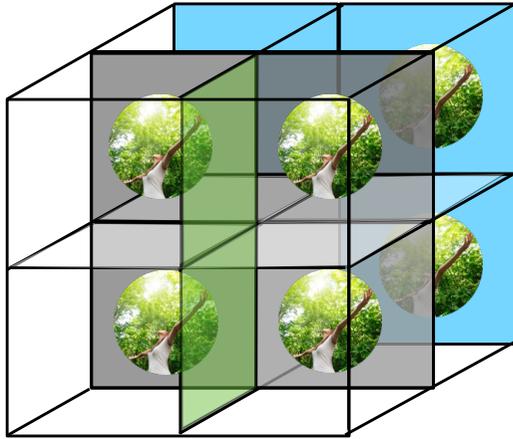
Why Disassociated



We want the picture have a pull to it, to have movement that pulls us towards the goal - It's a journey

Setting Goals

- You put something true into each box, your NECS moment
- You clear out what is stopping that from being true

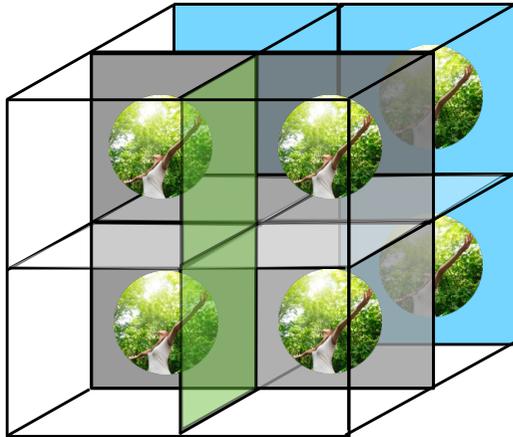


To make ALL the images sparkle

- Go to the last step image that is the dulllest
- What do i, a man learn from this?
- What do i, a woman learn from this?
- How do i, grow up from this and be a woman
- How do i, grow up from this and be a man
- As you clear you will observe that the images all start to sparkle

Setting Goals

- You experience each image as sparkling
- You then energize it using Manifesting Spirals
- You then let it go



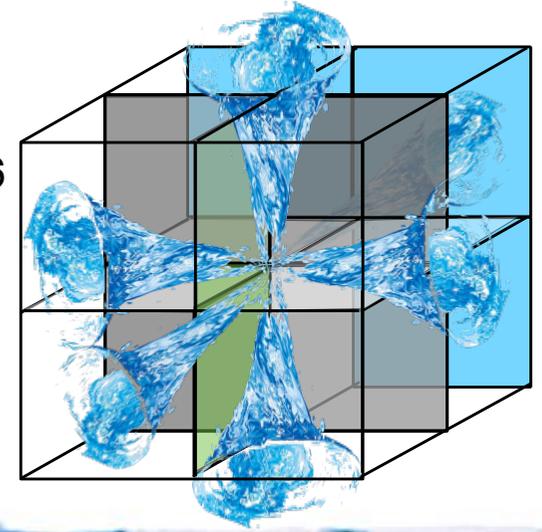
The Power of a Vortex





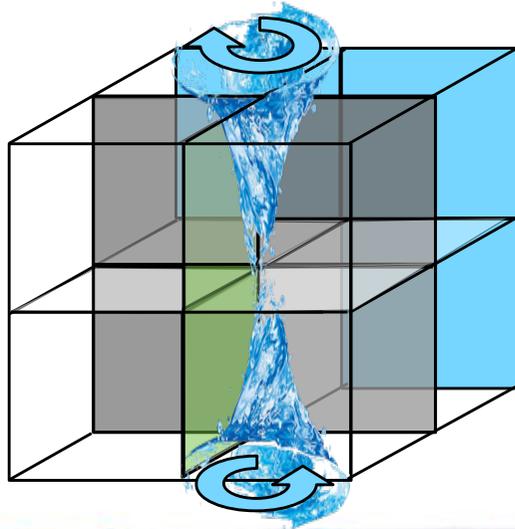
Vortex

- Add manifesting 6 spirals
- These go clockwise



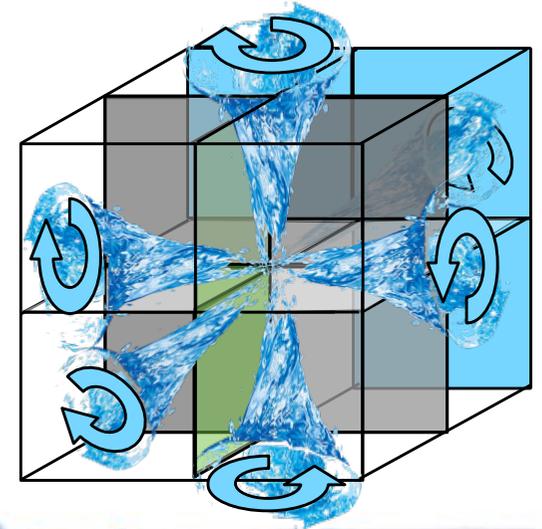
Vortex

- These go clockwise
- To Manifest things



Vortex

- These go clockwise
- To Manifest things
- You can add more spirals to deepen the NECS moment



Vortex

- After that you let your NECS moment go...

